

The Eцени Study Centre

www.eцениwells.co.uk

At The Eцени Study Centre we take our history study as far as we can - without a Time-Machine!

Clothing

Strong waterproof footwear.

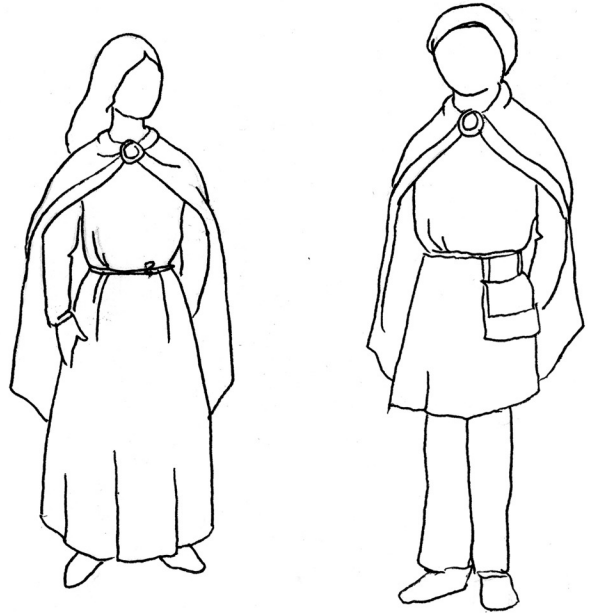
Thistle and nettleproof clothing.

Cloaks - blankets, car rugs, fixed with brooch.

Narrow leather or cord belts.

Natural colours are most common - greens, browns, greys etc.

"Period" clothing helps the "suspension of disbelief" and is easy to produce.



Packed Lunch

No crisps, sweets, modern drink cartons or plastic wrappings!

For historical packed lunch, please choose from below:

Savoury

Bread, cheese, hard boiled egg, cold meat, pasty or pie, carrots, celery, lettuce

Sweet

Fruit - apples or pears (no oranges or bananas), dried fruit - raisins, apricots, apple rings, blackberries, raspberries.

All foods should be carefully wrapped in a cloth packet, or carried in a small basket.

We sometimes provide a tasty hot vegetable pottage - a soup suitable for vegetarians, and drinking water. If you would like us to provide a pottage, just let us know beforehand.

The Eцени Study Centre staff cannot be held responsible for any loss or damage, all students must be responsible for their own property.